



Chain of Kindness - Marymount College

Q1: What was your initiative or project about?

Briefly describe the initiative or project. How did your school become aware of the issue or opportunity? Which Wish for Education did it address

During Catholic Education Week, we launched a project called the 'Chain of Kindness', paper strips connected together as a symbol of unity, inspired by our Catholic teachings of love and kindness (Mark 12:31), this initiative gave our school community an opportunity to unite under these values. It addressed students' wish for a supportive and inclusive environment, aligning with the theme of 'Choice and Voice' by encouraging everyone to share positive thoughts.

Q2: How did you bring the initiative or project to life?

Explain how students and staff worked together to plan and implement the project. What roles did students play?

Students and staff worked together to plan and create paper chains during their pastoral class; students wrote words of encouragement about one another on strips of paper. Teachers guided the activity, helping students reflect on kindness and the importance of uplifting each other, with each chain link represented a shared message of positivity, growing longer as more contributions were added.

What made it successful?

What positive changes or outcomes did you see for students? How did it improve their experience at school?

The project was successful because it shed light on the positive. It gave students a chance to recognize the good in each other and encouraged a culture of kindness, with the simple act of sharing uplifting words made a big impact as students felt more appreciated, connected, and valued. It created a more joyful and inclusive school environment.

What would you do differently next time? If another school wanted to run a similar project, what advice would you give them? What lessons did you learn?

If another school wanted to run a similar project, our biggest piece of advice would be to focus on clear communication. It's all about working closely with teachers, spreading awareness to students, and ensuring everyone is on the same page. This creates a

unified environment where the whole school can come together as a community to bring joy.